

Otago Records - Masters Women 2025-2026

13/04/2026

		Age	Time	WR		Meeting		
60m								
30-34	Fiona Centers	30	8.00	1.20	2-Mar-19	NZ Championships, Timaru		
35-39	Jennifer Hodgson	35	8.97	0.3	16-Feb-20	Otago Champs		
40-44	Jody Robinsin	41	9.15	0.00	14-Nov-20	South Island Masters T&F Champs		
45-49	Liz Wilson	49	8.57	+0.60	18-Nov-11	Caledonian Meeting		
50-54	Liz Wilson	51	8.46	+0.06	8-Nov-14	Caledonian Meeting		
55-59	Liz Wilson	55	8.54	1.7	22-Jan-18	Oceania Masters Champs, Dunedin		
60-64	Liz Mitchell	63	9.04	0.6	15-Mar-26	NZ Masters T&F Champs, Inglewood		
65-69	Alison Newall	65	10.72	0.6	10-Sep-25	Oceania Masters T&F Champs Brisbane		
70-74	Noeline Burden	70	11.96	0.5	21-Jan-24	South Island Champs - Nelson		
100m								
30-34	Fiona Centers	33	12.31	1.1	29-Jan-22	Caledonian Interclub Meeting		
35-39	Fiona Centers	36	12.71	1.50	30.11.24	Caledonian Interclub Meeting		
40-44	Liz Wilson	44	13.98	-0.3	3-Nov-07	Caledonian Interclub Meeting		
45-49	Liz Wilson	49	13.40	+1.2	28-Jan-12	Caledonian Interclub Meeting		
50-54	Liz Wilson	51	13.19	+1.3	8-Nov-14	Caledonian Interclub Meeting		
55-59	Liz Wilson	55	13.49	+1.7	22-Jan-18	Oceania Masters Champs, Dunedin		
60-64	Liz Mitchell	63	14.19	0.4	15-Mar-26	NZ Masters T&F Champs, Inglewood		
65-69	Alison Newall	65	17.60	1.4	18-Oct-25	Caledonian Interclub Meeting		
70-74	NZMA Standard 19.2							
75-79	NZMA Standard 21.0							
80-84	NZMA Standard 22.5							
85-90	NZMA Standard 25.0							
200m								
30-34	Fiona Centers	33	25.06	1.4	12-Feb-22	Otago Championships		
35-39	Jennifer Hodgson	35	29.71	-1.20	16-Feb-20	Otago Championships		
40-44	Liz Wilson	44	28.66	-1.9	4-Mar-07	NZ Championships - Chch		
45-49	Liz Wilson	48	27.52	+1.8	11-Dec-10	Caledonian Meeting		
50-54	Liz Wilson	53	26.83	+1.6	1-Nov-16	WMA Championships, Perth		
55-59	Liz Wilson	55	27.74			WMA Championships, Malaga		
60-64	Liz Mitchell	63	29.52	-0.9	15-Mar-26	NZ Masters T&F Champs, Inglewood		
65-69	Claire Giles	66	37.58	-0.1	22-Jan-23	SI Masters T&F Champs Christchurch		
70-74	NZMA Standard 40.0							
75-79	NZMA Standard 43.5							
80-84	NZMA Standard 47.5							
85-90	NZMA Standard 53.0							
400m								
30-34	Sue Garden-Bach	33	65.40		March 1995	NZ Championships		
35-39	Claire Nichols	39	63.87		16-Nov-18	SI Champs - Invercargill		
40-44	Helen Clent		64.70		March 1990	NZ Championships		
45-49	Liz Wilson	49	63.44		10-Feb-12	Oceania Champs - Tauranga		
50-54	Liz Wilson	51	61.86		20-Dec-14	Caledonian Meeting		
55-59	Liz Wilson	55	63.98		14-Sep-18	World Champs - Malaga		
60-64	Liz Mitchell	63	1.10.93		28-Feb-26	Interclub- Caledonian		
65-69	Barbara Patrick	65	1.25.93		1-Dec-12	SI Champs - Nelson		
70-74	NZMA Standard 1.43							
75-79	Barbara Patrick	75	1:36:66		25-Feb-23	Caledonian Meeting		
80-84	NZMA Standard 2.05							
85-90	NZMA Standard 2.20							
800m								
30-34	NZMA Standard 2.33							
35-39	Claire Nichols	39	2.25.04		18-Nov-18	SI Champs - Invercargill		
40-44	Billie Marsh	41	2.24.40		19-Feb-94	Otago Championships		
45-49	Julie Edmunds	46	2.30.17		25-Feb-18	Otago Championships		
50-54	Julie Wilson	51	2.38.45		22-Feb-09	Otago Championships		
55-59	Julie Wilson	55	2.44.44		26-Jan-13	Caledonian Meeting		
60-64	Julie Wilson	61	3.03.13		2-Feb-19	Caledonian Meeting		
65-69	Barbara Patrick	65	3.11.94		10-Nov-12	Caledonian Meeting		
70-74	Myrtle Rough	72	3.18.98		23-Feb-13	Otago Championships		
75-79	Myrtle Rough	75	3.31.16		5.12.15	Caledonian Meeting		
80-84	Myrtle Rough	80	3.55.65		15-Nov-20	South Island Masters T&F Champs		
85-90	NZMA Standard 6.00							

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	Age	Time	Date	Meeting
1500m				
30-34	NZMA Standard 5.15			
35-39	J Webster	4.52.1	March 1990	NZ Championships
40-44	Billie Marsh	4.54.4	13-Feb-94	Otago Championships
45-49	Julie Wilson	4.59.0	22-Jan-05	Cale Meeting
50-54	Julie Wilson	5.07.06	14-Feb-09	Caledonian Meeting
55-59	Julie Wilson	5.28.19	16-Feb-13	Otago Championships
60-64	Barbara Patrick	6.00.66	8-Dec-07	Caledonian Meeting
65-69	Myrtle Rough	6.10.11	18-Feb-07	Otago Championships
70-74	Myrtle Rough	6.30.41	27-Nov-10	Caledonian Meeting
75-79	Myrtle Rough	7.01.64	21-Nov-15	SI Masters Champs, Timaru
80-84	Myrtle Rough	7.35.93	14-Nov-20	South Island Masters T&F Champs
85-89	Edith Mercier	11.07.4	29-Nov-08	SI Masters Champs, Mosgiel
1 Mile (pending ratification)				
30-34	Florence Reynolds	32 5.28.18	23-Nov-24	Otago Championships
35-39	Sue Cumbert	39 5.46.91	2-Dec-06	Caledonian Interclub
40-44	Tarryn McLeon	43 5.29.22	23-Nov-24	Caledonian Interclub
45-49	Julie Wilson	49 5.34.85	1-Dec-07	Caledonian Interclub
50-54	Julie Wilson	51 5.36.19	14-Nov-09	Caledonian Interclub
55-59	Julie Wilson	55 6.10.67	26-Jan-13	Caledonian Interclub
60-64	Cathy Weatherston	60 8.52.32	28-Nov-15	Caledonian Interclub
65-69	Barbara Patrick	68 7.30.71	28-Nov-15	Caledonian Interclub
70-74	Myrtle Rough	71 7.11.92	25-Jan-12	Caledonian Interclub
75-79	Myrtle Rough	75 7.36.34	28-Nov-15	Caledonian Interclub
80-84	Myrtle Rough	83 9.41.68	25-Nov-23	Caledonian Interclub
85-89				
3000m				
30-34				
35-39	Claire Nichols	39 10.58.88	16-Nov-18	SI Champs - Invercargill
40-44	Taryn Mcleod	42 10.36.42	2-Dec-23	Caledonian Meeting
45-49	Shireen Crumpton	45 10.36.93	20-Feb-16	Otago Championships
50-54	Julie Wilson	50 10.54.49	6-Dec-08	Caledonian Meeting
55-59	Julie Wilson	55 11.49.26	19-Oct-13	Caledonian Meeting
60-64	Julie Wilson	61 12.31.69	1-Mar-19	NZ Masters Champs - Timaru
65-69	Barbara Patrick	65 13.16.53	27-Oct-12	Caledonian Meeting
70-74	Myrtle Rough	70 14.01.62	20-Nov-10	Caledonian Meeting
75-79	Myrtle Rough	75 14.47.97	7-Nov-15	Caledonian Meeting
80-84	Myrtle Rough	80 17.00.94	6-Nov-21	Caledonian Meeting
85-89	Edith Mercier	85 24.19.9	28-Nov-08	SI Masters Champs, Mosgiel
5000m				
30-34	Becky Aitkenhead	16.18.50	24-Mar-26	NZ Championships
35-39	Shireen Crumpton	38 16.54.93	27-Mar-09	NZ Senior Championships
40-44	Taryn McLean	43 8.19.24	30.11.24	Caledonian Interclub
45-49	Shireen Crumpton	45 18.21.41	13-Feb-16	Caledonian Meeting
50-54	Julie Wilson	51 18.49.7	15-Oct-09	Sydney World Masters Games
55-59	Julie Wilson	58 20.11.00	30-Jan-16	Caledonian Meeting
60-64	Julie Wilson	61 21.48.54	27-Jan-19	Otago Championships
65-69	Barbara Patrick	65 22.38.36	20-Oct-12	Caledonian Meeting
70-74	Myrtle Rough	70 24.06.02	11-Dec-10	Caledonian Meeting
75-79	Myrtle Rough	75 25.30.71	13-Feb-16	Otago Championships
80-84	NZMA Standard 42.00			
85-90	Edith Mercier	85 39.50.8	30-Nov-08	SI Masters Champs, Mosgiel
10000m				
30-34	NZMA Standard 41.00			
35-39	Shireen Crumpton	38 34.11.77	20-Dec-08	Otago Championships
40-44	Alana Joyce	40 39.25.6	March 1990	Otago Championships
45-49	Shireen Crumpton	45 37.38.85	28-Feb-16	NZ Championships, Dunedin
50-54	Julie Wilson	51 39.43.20	19-Dec-09	Otago Championships
55-59	Julie Wilson	55 42.17.12	14-Dec-13	Otago Championships
60-64	Barbara Patrick	60 45.49.15	17-Nov-07	Otago Championships
65-69	Barbara Patrick	65 46.36.27	15-Dec-12	Otago Championships
70-74	Myrtle Rough	70 49.57.34	19-Dec-10	Otago Championships
75-79	Myrtle Rough	75 53.08.11	19-Dec-15	Otago Championships
80-84	NZMA Standard 95.00			
85-90	NZMA Standard 110.00			

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	Age	Time	WR	Date	Meeting	
2000m Steeplechase						
30-34	NZMA Standard 8.00					
35-39	NZMA Standard 8.40					
40-44	Jan Brosnahan	41	8.24.5	20-Jan-99	Otago Championships	
45-49	Jan Brosnahan	45	8.31.66	25-Jan-03	Otago Championships	
50-54	NZMA Standard 9.50					
55-59	Evelyn Armstrong	55	10.14.75	01.02.25	Otago Championships	
60-64	NZMA Standard 12.00					
65-69	NZMA Standard 14.00					
70-74	NZMA Standard 16.00					
75-79	NZMA Standard 18.50					
80-84	NZMA Standard 21.00					
85-90	NZMA Standard 25.00					
80m Hurdles						
40-44	Deborah Murphy	41	14.42	-0.08	16-Dec-00	Caledonian Meeting
45-49	Carolyn Wills	49	15.38	-2.7	2-Mar-19	NZ Masters Champs - Timaru
50-54	Julie Judd	51	17.3	0.00	23-Nov-07	SI Masters Champs - Ashburton
55-59	Claire Giles	56	16.53	+1.9	16-Feb-13	Otago Championships
60-64	Claire Giles	61	17.92	-2.1	10-Feb-18	Caledonian Meeting
65-69	NZMA Standard 20.2					
70-74	NZMA Standard 23.0					
75-79	NZMA Standard 26.0					
80-84	NZMA Standard 30.3					
85-90	NZMA Standard 35.0					
100m Hurdles						
30-34	NZMA Standard 18.0					
35-39	NZMA Standard 20.0					
300m Hurdles						
50-54	Noeline Burden	54	57.40	29-Feb-08	NZ Champs -Inglewood	
55-59	Claire Giles	57	60.40	8-Feb-14	Otago Championships	
60-64	Claire Giles	61	63.44	25-Nov-17	Caledonian Meeting	
65-69	Alison Newall	65	78.71	6-Sep-25	Oceania Masters T&F Champs,Brisbane	
70-74	NZMA Standard 1.36.0					
75-79	NZMA Standard 1.50.0					
80-84	NZMA Standard 2.10.0					
85-90	NZMA Standard 2.30.0					
400m Hurdles						
30-34	NZMA Standard 76.5					
35-39	Raylene Bates	35	73.96	16-Dec-00	QE11 Chch League Meet	
40-44	NZMA Standard 85.4					
45-49	NZMA Standard 89.8					
1500m Track Walk						
30-34						
35-39						
40-44						
45-49						
50-54						
55-59						
60-64	Alison Newall	63	9.54.34	17-Feb-24	NZ Masters Championships - Christchurch	
65-69	Alison Newall	65	10.05.57	8-Sep-25	Oceania Masters T&F Champs,Brisbane	
70-74	NZMA Standard 12.50					
75-79						
80-84						
84-89						
3km Track Walk						
30-34	NZMA Standard 17.0.0					
35-39	S De Groot-Green		15.46.40	March 1992	NZ Championships	
40-44	Julie Edmunds	43	15.58.42	29-Nov-14	SI Championships - Dunedin	
45-49	Sue O'Sullivan	48	16.44.70	February 2003	Masters Games, Dunedin	
50-54	Sue O'Sullivan	50	16.45.88	21-Mar-03	NZ Championships	
55-59	Beverley Anderson	55	17.04.60	14-Feb-93	Otago Championships	
60-64	Beverley Anderson	61	18.42.74	November 1995	SI Championships	
65-69	Beverley Anderson	65	19.39.94	7-Mar-03	NZ Masters Champs	
70-74	NZMA Standard 26.00					
75-79	NZMA Standard 30.00					
80-84	NZMA Standard 35.00					
85-90	NZMA Standard 44.00					

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		Age	Time		Date	Meeting		
Long Jump								
30-34	NZMA Standard 4.50							
35-39	Raylene Bates	35	4.72m	+2.0	11-Feb-01	Otago Championships		
40-44	Deborah Murphy	41	4.77m	+1.7	11-Feb-01	Otago Championships		
45-49	Liz Wilson	49	4.39m	0.0	3-Dec-11	SI Champs, Timaru		
50-54	Liz Wilson	53	4.61m	+0.5	21-Feb-16	Otago Championships		
55-59	Claire Giles	56	3.94m	-1.4	9-Feb-13	Caledonian Meeting		
60-64	Claire Giles	61	3.55m	+0.5	25-Feb-18	Otago Championships		
65-69	Alison Newall	65	3.04m	-1.00	7-Sep-25	Oceania Masters T&F Champs, Brisbane		
70-74	Noeline Burden	71	2.65m	1.30	11-Nov-23	Caledonian Meeting		
75-79	NZMA Standard 2.10m							
80-84	NZMA Standard 1.90m							
85-90	NZMA Standard 1.50m							
Triple Jump								
30-34	Raylene Bates	30	10.30m		March 1996	NZ Championships		
35-39	Raylene Bates	35	9.90m	+0.8	10-Feb-01	Otago Championships		
40-44	Deborah Murphy	41	9.41m	-0.7	10-Feb-01	Otago Championships		
45-49	Deborah Murphy	46	8.23m	-1.4	10-Dec-05	Caledonian Meeting		
50-54	Julie Judd	51	8.21m	-0.8	3-Feb-08	Dn Masters Games		
55-59	Alison Newall	57	7.74m	1.7	10-Feb-18	Caledonian Meeting		
60-64	Alison Newall	60	7.47m	-0.7	5-Dec-20	Caledonian Meeting		
65-69	Alison Newall	65	6.66m	-0.2	8-Sep-25	Oceania Masters T&F Champs, Brisbane		
70-74	Noeline Burden	70	5.82m	0.10	20-Jan-24	SI Masters Champs - Nelson		
75-79	NZMA Standard 4.50m							
80-84	NZMA Standard 4.10m							
85-90	NZMA Standard 3.80m							
High Jump								
30-34	Sue Garden-Bach	33	1.36m		March 1995	NZ Championships		
35-39	NZMA Standard 1.30m							
40-44	Deborah Murphy	43	1.45m		16-Feb-03	Otago Championships		
45-49	Carolyn Wills	46	1.45m		3-Dec-16	Caledonian Meeting		
50-54	Noeline Burden	54	1.19m		15-Dec-07	Otago Heptathlon Champs		
55-59	Alison Newall	57	1.16m		3-Feb-18	NZ Masters Games, Dunedin		
60-64	Alison Newall	60	1.12m		30-Jan-21	Caledonian Meeting		
65-69	Noeline Burden	67	1.06m		14-Feb-21	Otago T&F Champs		
70-74	Noeline Burden	71	1.00m		25-Nov-23	Caledonian Meeting		
75-79	NZMA Standard 0.80m							
80-84	NZMA Standard 0.75m							
85-90	NZMA Standard 0.60m							
Pole Vault								
30-34	NZMA Standard 2.40m							
35-39	NZMA Standard 2.10m							
40-44	Deborah Murphy	44	2.85m		7-Mar-04	Otago Centre Meeting		
45-49	Deborah Murphy	45	2.90m		5-Mar-05	NZ Masters Champs - Dn		
50-54	NZMA Standard 1.40m							
55-59	Alison Newall	57	2.05m		25-Feb-18	Otago Championships		
60-64	Alison Newall	60	2.00m		7-Feb-20	Caledonian Meeting		
65-69	NZMA Standard 1.00m							
70-74	NZMA Standard 0.90m							
75-79	NZMA Standard 0.80m							
80-84	NZMA Standard 0.70m							
85-90	NZMA Standard 0.60m							

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		Age	Time	Date	Meeting		
Shot Put							
30-34	Holly Robinson	30	13.08m	20-Sep-25	Oceania Masters Postal Comp- Darwin		
35-39	Raylene Bates	35	12.79m	31-Mar-01	Trans Tasman, Auckland		
40-44	Raylene Bates	42	11.45m	17-Feb-08	Otago Championships		
45-49	Raylene Bates	47	10.78m	26-Jan-13	Caledonian Meeting		
50-54	Raylene Bates	50	12.81m	4-Nov-16	WMA Championships, Perth		
55-59	Raylene Bates	56	10.78m	20-Nov-21	SI Masters T&F Champs - Dunedin		
60-64	Winifred Harding	60	8.30m	31-Oct-16	WMA Championships, Perth		
65-69	Noni Callander	66	7.91m	30-Nov-13	SI Championships - Timaru		
70-74	Noni Callander	71	7.93m	2-Sep-19	Oceania Champs, Mackay		
75-79	Noni Callander	77	8.38m	01.03.25	Otago Throws Pentathlon Champs		
80-84	NZMA Standard 4.00m						
85-90	NZMA Standard 3.50m						
Discus							
30-34	Raylene Bates	31	44.16m	March 1997	NZ Championships		
35-39	Raylene Bates	35	39.83m	6-Jul-01	World Vets - Brisbane		
40-44	Raylene Bates	40	35.86m	26-Nov-05	Caledonian Meeting		
45-49	Raylene Bates	47	33.74m	16-Feb-13	Otago Championships		
50-54	Raylene Bates	50	36.23m	2-Nov-16	WMA Championships, Perth		
55-59	Raylene Bates	56	27.14m	12-Feb-22	Otago Championships		
60-64	Fiona Harvey	63	22.73m	18-Nov-23	Caledonian Meeting		
65-69	Fiona Harvey	65	22.54m	25.01.25	SI Masters T&F Champs - Christchurch		
70-74	Noni Callander	72	19.27m	17-Nov-19	SI Masters Champs - CHCH		
75-79	Noni Callander	76	19.68m	1-Apr-24	Australian Masters Champs - Hobart		
80-84	NZMA Standard 10.00m						
85-90	NZMA Standard 9.00m						
Javelin							
30-34	NZMA Standard 27.00m						
35-39	Fiona Harvey	38	27.26m	21-Feb-98	Otago Championships		
40-44	Kim Blackwood	40	34.22m	21-Feb-16	Otago Championships		
45-49	Carolyn Wills	48	29.62m	17-Feb-18	Caledonian Meeting		
50-54	Fiona Harvey	50	26.18m	3-Apr-10	NZ Championships - Chch		
55-59	Fiona Harvey	55	24.76m	15-Feb-15	Otago Championships		
60-64	Fiona Harvey	63	21.79m	25-Nov-23	Caledonian Meeting - Interclub		
65-69	Fiona Harvey	65	22.20m	25.01.25	South Island Champs - Christchurch		
70-74	Noni Callander	71	14.16m	3-Sep-19	Oceania Champs, Mackay		
75-79	Noni Callander	76	13.66m	25.01.25	South Island Champs - Christchurch		
80-84	NZMA Standard 11.00m						
85-90	NZMA Standard 10.00m						
Hammer							
30-34	Raylene Bates	31	46.52m	March 1997	NZ Championships		
35-39	Debbie McCaw	35	49.97m	Aug 2015	WMA World T&F Champs - Lyon		
40-44	Raylene Bates	40	41.65m	11-Jan-06	Caledonian Meeting		
45-49	Raylene Bates	48	37.96m	16-Feb-14	Otago Championships		
50-54	Raylene Bates	50	42.90m	15-Oct-16	Caledonian Meeting		
55-59	Raylene Bates	56	36.71m	20-Nov-21	SI Masters T&F Champs - Dunedin		
60-64	Winifred Harding	60	32.63m	20-Nov-15	SI Championships - Timaru		
65-69	Winifred Harding	65	30.13m	23-Jan-21	Caledonian Meeting		
70-74	Winifred Harding	70	25.96m	24-Jan-26	Masters South Island Champs, Nelson		
75-79	Noni Callander	77	23.26m	19.10.24	Oceania Throws Postal Pentathlon		
80-84	NZMA Standard 10.00m						
85-90	NZMA Standard 9.00m						

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		Age	Time	WR	Date	Meeting		
Weight Throw								
30-34	Rosie Harris	30	9.14m		28-Feb-26	Otago Masters Throws Pentathlon Champs		
35-39	Debbie McCaw	35	14.92m		4-Aug-15	WMA World T&F Champs - Lyon		
40-44	Debbie McCaw	41	11.93m		19-Nov-21	SI Masters T&F Champs - Dunedin		
45-49	Winifred Harding	49	10.28m		22-Oct-05	Caledonian Meeting		
50-54	Raylene Bates	50	13.25m		4-Nov-16	WMA Championships, Perth		
55-59	Winifred Harding	55	12.24m		July 2011	WMA Championships - Sacramento		
60-64	Winifred Harding	64	11.76m		16-Feb-20	Otago Championships		
65-69	Winifred Harding	66	11.49m		12-Feb-22	Otago Championships		
70-74	Winifred Harding	70	9.79m		28-Feb-26	Otago Masters Throws Pentathlon Champs		
75-79	Noni Callander	77	10.87m		16.02.25	Otago T&F Championships		
Throws Pentathlon (Revised using 2023 Factors)								
				Pts Yr				
30-34	Rosie Harris	30	1548pts		28-Feb-26	Otago Masters Throws Pentathlon Champs		
35-39	Debbie McCaw	35	2741pts		Aug 2015	WMA World T&F Champs - Lyon		
40-44	Kim Blackwood	40	2532pts		28-Feb-16	NZ Championships, Dunedin		
45-49	Winifred Harding	49	2174pts		22-Oct-04	Oceania - Rarotonga		
50-54	Raylene Bates	50	3468pts		4-Nov-16	WMA Championships, Perth		
55-59	Winifred Harding	55	2678pts		July 2011	WMA Championships - Sacramento		
60-64	Winifred Harding	60	2548pts		22-Nov-15	SI Masters Champs - Timaru		
65-69	Fiona Harvey	66	2948pts		28-Feb-26	Otago Masters Throws Pentathlon Champs		
70-74	Winifred Harding	70	2782pts		28-Feb-26	Otago Masters Throws Pentathlon Champs		
75-79	Noni Callander	77	2885 pts		1-Mar-25	Otago Throws Pentathlon Champs		
Archived Results								
40-44	Raylene Bates	43	3045 pts	2002	30-Nov-08	SI Masters Champs - Mosgiel		
45-49	Winifred Harding	49	2785 pts	2002	22-Oct-04	Oceania - Rarotonga		
(The above records have been recalculated using the revised 2010 points system)								
Pentathlon (Revised using 2023 Factors)								
30-34								
35-39	Jennifer Hodgson	37	2070pts		21-Nov-21	South Island Masters T&F Champs		
40-44	Jody Robinson	41	1875pts		15-Nov-20	South Island Masters T&F Champs		
45-49	Carolyn Wills	48	2710pts		25-Jan-18	Oceania Masters Champs, Dunedin		
50-54	Claire Giles	53	2405pts		July 2010	Oceania - Tahiti		
55-59	Claire Giles	55	2752pts		11-Feb-12	Oceania Champs - Tauranga		
60-64	Claire Giles	60	2688pts		28-Jan-17	Otago Championships		
65-69	Alison Newall	65	2182pts		25-Jan-26	Masters South Island Champs, Nelson		
Heptathlon (Revised using 2023 Factors)								
30-34								
35-39								
40-44								
45-49	Carolyn Wills	49	3866 pts		17-Feb-19	Combined Events - Christchurch		
50-54	Noeline Burden	53	3098 pts		6-Sep-07	World Masters Championships		
55-59	Alison Newall	56	3074 pts		25-Feb-17	NZ Combined Events Championships		
60-64	Alison Newall	62	3326 pts		12-13 Nov 22	South Island Combined Events Champs		
65-69								
Half Marathon								
30-34	NZMA Standard 82.00							
35-39	NZMA Standard 87.00							
40-44	NZMA Standard 92.30							
45-49								
50-54								
55-59								
60-64								
65-69								
70-74	B Patrick	70	1.54.55		9-Sep-18			
75-79	B Patrick	75	2.11.30		10-Sep-23	Emersons Dunedin Marathon		
Marathon								
65-70	Priscilla (Cilla) Dick	67	3.46.22		5.09.24	Emersons Dunedin Marathon		