

Kia ora koutou

- Perhaps the most important news this time is **OPENING DAY for Senior Interclub** is nearly here: next Saturday, October 3rd. All you need to know can be found through this link to the Athletics Otago website.
[Opening Day for Senior Interclub](#)
- If you have not yet registered as a Masters Athlete, you can do so here:
<https://nzmastersathletics.org.nz/nzma-registration/>
- We had 10 keen athletes at our cold windy Have a Go or Another Go last Sunday. It was great to meet some potential new athletes. For those who are holding back because you might not be of the standard you were years or decades ago, forget your past achievements. Your body is different now.
- A reminder that Fiona (our OMA treasurer) has a good stock of OMA singlets and tee shirts. You only have to pay 50% of the cost, as OMA subsidises them. Entries are open for the South Island champs, and you should wear an Otago singlet/tee shirt when competing at those in Invercargill.
- For those who are considering going to Christchurch in January for the combined NZ and Oceania Championships you must wear a NZ singlet/tee shirt.
[NZMA Uniform – NZ Masters Athletics](#)
- Well done to all those who have been participating (that means competitors, marshals & officials) in the Out of Stadia events over the past few months. Fingers crossed for reasonable weather tomorrow for the Winding Vine which starts at Portobello at 12:30. Relays are always fun so get out there and enjoy yourself!
- If you have any questions or problems with registration, Athletic.Net or anything else Masters Athletics related, please be in touch. What I can't answer, I will direct you to someone who can.

P.S – there's a possibility we might be able to squeeze in another Have a Go hour or two, so let me know if you would be keen to attend.

Things turn out best for the people who make the best of the way things turn out.

Haere pai

Noeline