

Friday 28 August 2026

Kia ora koutou

With a day or two of spring weather, the mind heads to our next track & field season.

- Have you checked out our website recently? Marc Boullé has been a huge help getting this updated. It's a work in progress, as all websites should be, but despite several old photos most of the information now is up to date. www.otagomastersathletics.co.nz
- Thanks to Rupert we now also feature on Instagram, in addition to Facebook, managed efficiently by Paula.
- There has only been one Vetline this year so far but there are some interesting articles to read and information about upcoming events. [NZ Masters Athletics – Official site of NZMA](#). I particularly liked this article: What Happens in the Bedroom Doesn't Stay in the Bedroom by George White.
- As you read this Paul Davies is in Daegu competing in the World Masters Athletics Champs. <https://www.wmac2026.com/eng/>
- Gareth Noble and Rupert Lambert represented Otago at the NZ Indoor champs in Hastings. Sprinting 50m & 60m indoors, with huge mats ahead to protect you from a solid wall, is quite a different experience to sprinting outdoors!! Well done to you both.
- Some of you might like to book accommodation in Christchurch for January 27-31, where the Oceania & NZ champs will be a combined event. Provincial uniforms are not to be worn. All NZ Competitors are expected to wear NZ singlets/tee shirts. [OMA2027 Christchurch –](#)
- South Island champs are in Invercargill November 20-22.
- Sorry, but there's no information yet about the Otago T&F events. The Caledonian is to be 'refurbished' (if that word can be applied to tracks).
- Expect to hear soon of our HAVE A GO or ANOTHER GO, which is tentatively scheduled for towards the end of September.
- All the best to those in: NZ 10km Road Champs (New Plymouth), Shunters and Grunters Relay (Middlemarch), NZ Mile Champs (George St!!) Dunedin Marathon – a busy weekend for many.
- **AGM – all welcome and that doesn't mean you will be pressured onto a committee.**
Thursday 17. September at 6:30pm in the Caledonian Meeting Room. Our regular monthly meeting will be at 6pm.

If you keep waiting for just the right time, you may never begin. Begin now! Begin where you are with what you are.

Hope to see many of you on the 17th

Haere pai

Noeline



Or on Instagram (*I have to update this!!*)